Fellowship Positions: Two Undergraduate Fellowships are available with our CHA Center for Mindfulness and Compassion: a Research Assistant and Community Health Fellow. These positions are open for the Fall 2017 semester.

Timeline: [flexible 12-week period, Fall 2017]
There is possibility for extending the fellowship through the Spring for those willing to commit to 12 months (with plans to request academic internship credit during Fall and Spring semesters). In the past, previous fellows have been able to receive academic elective credits from their university during the following two semesters for pursuing an ongoing academic project, including poster presentations and participation in the development of peer-reviewed publications.

About CMC: The Center for Mindfulness and Compassion (CMC) is based within Cambridge Health Alliance, an academic center, affiliated with the Department of Psychiatry at Harvard Medical School. CMC Summer Student Fellows will receive exposure to the practice and research on interventions based on mindfulness and compassion. Cambridge Health Alliance (CHA) serves as a public healthcare safety net system supporting over 140,000 patients in Cambridge, Somerville, and Boston’s Metro North region. CHA is a local provider of choice for primary care, specialty care, emergency services, hospital care, maternity care and mental health. Summer Fellows will be able to join regular meetings with internationally prominent faculty and researchers from Harvard Medical School and beyond. In addition, the CMC is strongly rooted in the local community, because of its mission to support diverse communities through mindfulness and compassion practice.

Eligibility: We are seeking University Undergraduate and Graduate students who are interested in gaining experience with clinical research, practice or coordination of mindfulness- and compassion-based programs, groups and interventions. This Fellowship may be of particular interest to students interested in careers related to health care, community-building, neuroscience, medicine, public health, psychology, social work, education, community health and more. We welcome fellows interested in any aspect of mindfulness, compassion or contemplative psychology research and programming.
**Description:** This 12-week fall fellowship is designed to provide an engaging and enriching introduction for students interested in research and clinical applications of mindfulness and compassion in healthcare or community health settings.

Fellows will have the opportunity to support the growing center in a variety of important roles, with the choice of either the research or community health track.

In the **research track**, the fellow will assist with implementing a range of clinical research projects related to mindfulness and compassion, with an opportunity to conduct supervised research focused on a study question that is relevant to CMC.

The Center for Mindfulness and Compassion is currently funded to conduct several research and outreach projects, including grants from the National Center for Complementary and Integrative Health (NCCIH), Mind & Life Institute, Arthur Vining Davis Foundation, Gold Foundation and Osher Center for Integrative Health. Topic areas for current and potential **research fellow** projects include:

- Mindfulness in Primary Care
- Compassion in Medicine
- Self-Compassion and Chronic Pain
- Mindfulness-Based Interventions for a range of clinical and non-clinical populations
- Public school based mindfulness interventions locally in Somerville and Cambridge

In the **community health track**, the fellow will have a chance to help implement, create and assist with groups and curricula for members of the public community. The community health track may also involve working with local leaders on a community health project. Both tracks will offer opportunities to work closely with distinguished faculty and board members with opportunities for mentorship.

The Center for Mindfulness and Compassion is growing in our external presence, ongoing programs, workshops and trainings hosted through our center. The **community health fellow** will support the development, external communications and offerings through our center programs, which include:

- Mindfulness-Based Stress Reduction and Mindful Self-Compassion 8-Week Courses
- Workshops, Events and Trainings (a sample of our offerings include Alumni half-day workshops, Mind in Labor Childbirth Workshop, Mindful Practice in Medicine, Mindful Self-Compassion for Chronic Pain, Compassion Training, Mindfulness and Biofeedback Workshop)
- Supporting specific projects related to important topic areas: Mindfulness and education initiatives in public schools, Mindfulness programs with immigrant communities etc.

Learn more about the center through our website - [www.chacmc.org](http://www.chacmc.org)
**To apply:** Interested applicants should send a resume and one-page cover letter detailing their interest. Applications should be sent to cmc@challiance.org addressed to the CHA Center for Mindfulness & Compassion with subject line “Fellowship Application”

**Deadline:** Applications will be accepted through August 25 and final decisions will be communicated by August 31.

**Financial Support:** This position requires a commitment of 10-15 hours per week for 12 weeks through. No stipend is offered, but our team will provide documentation and support for fellows who seek to apply for possible stipends and resources for support from their home institution. Preference will be given for those who seek academic credit for subsequent semesters.