OVERVIEW: UC Santa Barbara’s Center for Mindfulness & Human Potential conducts rigorous research to identify the optimal ways to teach mindfulness. We use these insights to create scalable mindfulness training for high schools. CMHP is currently inviting applicants for a 20 hour/week volunteer position. This post-baccalaureate fellowship provides training in the psychological and brain sciences through participation in a fast-paced, mission-driven effort to create and deliver optimally effective digital mindfulness training to youth.

RESPONSIBILITIES: All post-bacs have the opportunity to participate in academic research. Responsibilities can include running research experiments, designing research materials, conducting literature reviews, acting as a liaison to research participants, and managing/analyzing data. You will be involved in both the conceptual development and execution of research, allowing you to develop a discerning scientific eye and technical research skills. We aim to have post-bacs co-author at least one scientific article or chapter during their fellowship.

Opportunities also exist for post-bacs to contribute through video production, graphic design, UX design, music production, market research, community outreach, and mentoring high school interns. Applicants with experience or interest in these areas are encouraged to mention this in their application.

REQUIREMENTS: Applicants should have strong writing, organizational, and interpersonal skills. The time commitment is 20 hours each week.

DURATION: This fellowship entails a one-year commitment to ensure that everyone involved benefits from the collaboration. This engagement also allows us to provide strong letters of recommendation. The fellowship begins during summer, but there is flexibility in the precise start date.

SUPPORT: Fellows are provided with a new MacBook Pro with SPSS, Microsoft Office, and Adobe Creative Cloud. There is also a $1000 budget for expenses that will support your work at CMHP. We also provide mentorship in applying for graduate school, with a 100% success rate in getting our post-bacs into competitive programs.

HOW TO APPLY: Please send a single email to cmhp@psych.ucsb.edu with (1) a statement of interest that includes a description of relevant experience, (2) your resume, (3) a writing sample, and (4) a copy of your unofficial transcript. The application deadline is April 13, 2018. However, we will interview eligible candidates on a rolling basis as long as positions remain unfilled.

Learn more about our work at: www.cmhp.ucsb.edu