



Parents Helping Parents

**Summer Internship as a telephone counselor for the Parental Stress Line
You do not have to be a parent to apply!**

EXCELLENT MENTAL HEALTH EXPERIENCE

Who We Are: The Parental Stress Line is a statewide 24 hour, 7 day a week helpline. Our mission is to prevent child abuse by providing distressed parents and caregivers with anonymous and confidential support. We help them identify their problems, needs and possible solutions. We recognize callers' strengths and build their self-confidence so they can become more self-sufficient and empowered. We also provide information and referrals to link the caller to external resources.

Examples of Issues Discussed:

- Emotional and physical abuse/neglect
- Discipline
- Child Development
- Family Conflict
- Disabilities
- Partner Conflict
- Parenting Burn-Out
- Substance Abuse

Duties: Attend training sessions in early June, mentor with an experienced counselor and commit to 140 hours of service this summer. After training, calls can be taken from home.

Qualifications: You must be at least 20 years old, have an empathetic personality, and have an interest in resolving family conflict.

Contact Information:

Fill out an application on our website at www.parentshelpingparents.org
under the Volunteer tab.

Or call Claudia at 617-926-5008 x103 or
email info@parentshelpingparents.org.

We are located at 108 Water St. in Watertown MA

(Less than a 5 minute walk from the Bus Yard at Watertown Square, easily accessible
from Boston or Cambridge or suburbs.)