

*Seeking a Full-time Research Assistant for Exciting Opportunity at the:*

**Pediatric Behavioral Health Integration Program (BHIP)**  
**Department of Pediatrics**  
**Montefiore Medical Group**

This position provides a great opportunity for students or recent graduates seeking research training and experience in project management. Join Drs. Jason Herrick and Polina Umylny, and the rest of the Pediatric BHIP team to participate in evaluating and managing Montefiore's latest and most innovative behavioral health initiative.

For anyone with interests in population-based health care and early intervention, this position offers an extraordinary chance to be part of groundbreaking projects that are among the largest of their kind.

**Description of Pediatric BHIP:**

A growing body of evidence indicates that primary care visits are an under-utilized delivery method by which providers can work together to identify and treat patients who require, but would not otherwise seek, psychological care. Through pediatric BHIP, Montefiore Medical Group provides access to high-quality, evidence-based care to nearly 18,000 Bronx children with mental health needs. Provision of behavioral health services in the primary care setting helps remove the stigma often associated with mental health care; a stigma that creates a barrier to care in many circumstances. Our interventions target pediatric patients who present with symptoms of depression, anxiety, and ADHD, as well as those who have suffered traumatic life events or adverse childhood experiences. This treatment model has far-reaching and significant implications for the ways in which child and adolescent mental health care is delivered. Joining the BHIP team will give you clinical exposure to this evolving model of care and/or provide support and data to cultivate your own research questions.

Pediatric BHIP also includes HealthySteps, an evidence-based, interdisciplinary pediatric primary care program that utilizes a preventative-based approach to promote the physical, emotional, and intellectual growth and development of very young children. In HealthySteps, a behavioral health provider is integrated into pediatric primary care practices and provides families with tailored support for various concerns, including behavior, sleep, feeding, attachment, parental depression, social determinants of health, and adapting to life with an infant or toddler.

**Position Description**

This position will encompass a variety of roles within the Pediatric BHIP team. The Research Assistant position within our team may include: project coordination with state agencies, such as Early Intervention (EI) and New York State Office of Mental Health (NYS OMH); coordination of and assistance with virtual teletherapy groups, including patient outreach and group shadowing; participation in ongoing research projects, such as Health's Early Roots and Origins (HERO) research study; general data management; patient outreach and supervised case management, such as providing referrals to community-based mental/behavioral health clinics; and assistance to the leadership team. Applicants for this position should be highly organized and able to maintain several projects at a time.

**Ideal Candidate will have:**

- Proficiency with Microsoft Excel;
- Ability to work in various roles and capacities and flexibility within each role;
- Excellent organizational and time management skills and demonstrates strong attention to detail;
- Strong interpersonal communication skills and comfort making phone calls;
- Strength in coaching and teaching colleagues;
- Ability to work autonomously as well as part of a team.

**A few of the highlights of the position are included below:**

- Participate in researching the effectiveness of the BHIP programs, which includes literature reviews, chart reviews, and data cleaning;
- Learn how to analyze quantitative and qualitative data;
- Gain familiarity with several typically used clinical assessment measures while maintaining a comprehensive database for patient files;
- Learn how to implement aspects of a research study and participate in research team meetings;
- Gain exposure to the cutting-edge field of integrated primary care and familiarity with medical records;
- Mentoring from a clinical and research-oriented psychologist;
- Assist in the preparation of conference presentations and/or manuscripts summarizing study results (authorship opportunity may be available);
- Full Benefits, Paid Time Off, Paid Holidays;
- In-person/remote hybrid schedule;
- Preferred start date: Spring/Summer 2024;
- Annual salary range: \$46,000 - \$54,000

**Required time commitment**

- Full-time position
- **Minimum: 1-year commitment; prefer a 2-year commitment**

**Additional Qualifications**

- Bachelor's degree preferred;
- If an international student, must be here on either a J-1 or F-1 visa;
- Spanish-speaking is a plus!

Becoming a member of our research team is an opportunity to gain both experience with research and familiarity with clinical practice, while serving the diverse and underserved population of the Bronx. This exciting position offers great flexibility and the opportunity to make of it what you will.

***Anyone interested in the position should send a copy of their CV and a cover letter to Amanda Sheu, Pediatric BHIP Lab Manager, at [asheu@montefiore.org](mailto:asheu@montefiore.org). Individuals invited to interview for this position will also be asked to provide two letters of recommendation. Please feel free to send any questions to Amanda.***