

Research Associate at Eight Sleep

Eight Sleep is the first sleep fitness company. At Eight Sleep we design products at the forefront of sleep innovation. Our mission is to make people's sleep count for more, using innovative technology, detailed design, and proven science and data to personalize and improve each night for everybody—changing the way people sleep forever and for better.

We've launched our temperature-regulated smart bed, the Pod. It's an absolute game changer, improving people's health and happiness by changing the way they sleep. Early feedback is great, but we still have a long way to go toward achieving our mission. Backed by leading Silicon Valley investors including Valor Equity Partners, Founders Fund, Khosla Ventures and Y Combinator, we've raised over \$150 million (Series C) to date. We were recognized as one of Fast Company's Most Innovative Companies in Consumer Electronics in 2019, 2022, and 2023.

That is why Eight Sleep is looking for a hands-on, highly-organized and detail-oriented Research Associate to manage research studies for the company, including studies related to internal product validation, new prototype testing, new feature development, and large-scale, external validation studies. You will be responsible for hands-on data collection, preparing the operational aspects of the study, and communicating frequently with subjects to ensure that studies are completed efficiently with the highest quality, while also following best human research practices. This role will report to the Director of Science & Clinical Research at Eight Sleep, on the Research & Development team.

This position has high potential for growth to learn experimental design, writing of white papers and peer-reviewed papers, and coding/data analysis. This role is based out of our Boston location and will require approximately 90% in person work and 10% remote.

How you'll contribute

- Subject recruitment, screening, & scheduling: you will be required to recruit subjects for internal studies & build out Eight Sleep's beta tester group & lab tester databases for improved efficiencies & workflows.
- Data collection & trial management:
 - Manage the day-to-day operation of research studies, from IRB submissions, recruitment, scheduling, reminder emails and calls, equipment ordering, etc.

- This job will involve large amounts of data collection; you may be asked to spend 80-90% of your time collecting data to meet product decision deadlines.
- During sleep studies, this role will be responsible for study setup and email/phone responses between 6-9 PM on weeknights and some weekends, if subjects request these times.
- Data management:
 - Maintain accurate study records and regulatory documentation in accordance with IRB and HIPAA guidelines.
 - Perform quality assurance of all collected data to ensure completeness and accuracy of information; follow up with subjects to resolve problems, address queries or clarify data collected.

What you'll need to succeed

- Bachelor's Degree or equivalent in Exercise Science or Kinesiology, Human Physiology/Biology, Biomedical Engineering (or related field).
- 2+ years of human research experience running large studies and comfortable at managing multiple studies in parallel, with different objectives.
- Superior communications skills, excellent time management & organizational skills, high attention to detail, and ability to quickly adapt to changes in study design and company needs.
- Proficient in Google Suite & Microsoft office (word/google docs, excel/google sheets, powerpoint/google slides) & automation softwares for workflow optimization
- Willing to locally travel to subjects' houses (i.e. must have a car) to set up the Pod for testing.
- Able to lift ~25 pounds and to change the cover & sheets on a mattress, etc.

Preferred:

- Master's Degree or equivalent in Exercise Science or Kinesiology, Human Physiology/Biology, Biomedical Engineering (or related field).
- 1+ years experience working in wearable devices, medical devices, or in industry related to tech that measures/monitors humans.
- Experience writing IRBs and informed consents, delivering informed consents, & following HIPAA guidelines for data management.
- Experience running multiple, large-scale studies simultaneously.
- Experience with literature reviews and writing peer-reviewed articles.
- Basic understanding of hardware, software, and firmware for data collection purposes.

- Experience managing decentralized studies, and work in previous startups is a plus.
- Experience coding in R or Python.
- Strong knowledge in sleep science & human physiology.

Why you'll love Eight

- We're a tight-knit, passionate team that's working to improve people's lives by improving the way they sleep
- Leadership is committed to employees' wellness and career development
- You'll get a better night sleep every night; all full-time employees receive [the Pod](#)
- Flexible, generous PTO
- 100% employer contribution for medical/dental/vision insurance; maternity/paternity leave

At Eight Sleep we continually celebrate the diverse community different individuals cultivate. As an equal opportunity employer, we stay true to our values by ensuring everyone feels they can flourish and grow. We are committed to equal employment opportunity regardless of race, color, ancestry, religion, sex, national origin, sexual orientation, age, citizenship, marital status, disability, gender identity or Veteran status.

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