

## **Sleep and Circadian Research Lab at the University of Michigan – Ann Arbor**

**Full Study Title:** At Home Morning Bright Light Treatment for Chronic Nociceptive Pain Amongst Sociodemographically Diverse Individuals (FM Sleep A to ZZZ Study)

**Study eResearch ID:** [HUM00240590](#)

**Principal Investigators:** [Helen Burgess, Ph.D.](#); [Shirley Cohen-Mekelburg, MD](#); [Cathy Goldestein, MD](#)

**Lab website:** <https://medicine.umich.edu/dept/psychiatry/programs/sleep/sleep-circadian-research>

**Job Title:** Clinical Research Assistant

**Research Interest:** We research sleep and circadian rhythms in human clinical disorders and treat patients with sleep and circadian disorders. The overarching goals of the program are to understand the role of sleep and circadian rhythms in human clinical disorders and create, test, and translate sleep and circadian research to improve health and well-being. Our ultimate goal is to promote the integration of sleep and circadian wellness into everyday clinical practice.

**Expected responsibilities:** We are seeking motivated students to assist with research on testing morning light treatment in people with fibromyalgia, a chronic pain condition. As a research assistant, you will participate in a variety of research activities, including screening and scheduling participants, coding and analyzing data, and helping with study design. Interests in psychology and in working with clinical patient groups is essential, and previous research experience is a plus. This full time position is for 40 hours/week, with occasional evening and weekend hours if those are the times our participants are available.

**Fields of research:** Psychology, Health, Psychiatry, Social Sciences

**Minimum requirements:** None

**Location:** Ann Arbor, MI

**Positions available for:** Full time work

**Positions may be available for:** Winter 2023-2024

**Application Deadline:** Rolling basis

Apply for this position at [https://careers.umich.edu/job\\_detail/239009/crc-assistant-term-limited](https://careers.umich.edu/job_detail/239009/crc-assistant-term-limited).

If you have any questions, contact Moony Rizvydeen at [rizvydee@med.umich.edu](mailto:rizvydee@med.umich.edu)